

CO-PAL

by Diego De Pietri

YOUR CO-WRITER MUSE

USER MANUAL

Creative inspiration, one roll away.

STANDALONE / VST3 / AU / AAX

English and Spanish creative generation

Manual edition 1.0 | July 2026



I NEED A...

☐ TITLE

☐ PHRASE

☒ SENTENCE (up to two moods)

WORD

(Optional)

MOOD

☐ HAPPY

☐ LOVE

☐ HOPEFUL

☐ GUFFY

☐ FICTION

☐ CURIOUS

☐ MYSTERIOUS

☐ ENERGETIC

☐ NOSTALGIC

☐ SAD

☐ DRAMATIC

☐ FRIENDLY

☐ DARK

☐ POETIC

☒ INSPIRATIONAL

☐ PLAYFUL

☐ CHILL

☒ CO-PAL

THE BEST IDEAS

OFTEN ARRIVE

WHEN YOU STOP

TRYING TO FORCE THEM

?

TEST

API

☒ ENGLISH

☐ ESPAÑOL

× CLEAR

CO-PAL

by *Diego De Pietri*

Your Co-Writer Muse



— Roll Me! —

CREATE YOUR OWN
'LIMITED FREE' GEMINI API KEY [HERE](#)
AND THEN PASTE IT IN
CO-PAL OPTIONS MENU > SETTINGS
AI RESULTS MAY BE INACCURATE
API TERMS APPLY
[LEARN MORE](#)

 SOUNDS ON

READY

ROLLING

THINKING

DISPLAYING

 **SOUND PAL**
— Practical Solutions —

MEET YOUR CREATIVE CO-PILOT

CO-PAL is a playful idea generator for songwriters, composers, writers, producers, and anyone who needs a creative nudge. Choose what you need, shape the response with a mood and optional word, then roll the dice.

1

CHOOSE A TASK

Title, Phrase, or Sentence.

2

ADD A WORD

Optional. Use it to focus the result.

3

CHOOSE A MOOD

One mood, or up to two for Sentence.

4

SELECT A LANGUAGE

English or Espanol.

5

ROLL

Click the dice or press Return / Enter.

AT A GLANCE

3

CREATIVE TASKS

18

MOOD CHOICES

2

OUTPUT LANGUAGES

4

SPLIT-FLAP DISPLAY LINES

1

OPTIONAL FOCUS WORD

INTERFACE TOUR

1

I NEED A...

Select Title, Phrase, or Sentence.

2

WORD (OPTIONAL)

Enter one word to guide the result.

3

MOOD

Choose the emotional or creative direction.

4

SPLIT-FLAP DISPLAY

Shows up to four lines of generated text.

5

DICE

Roll to begin generation and reveal the result.

6

LANGUAGE

Switch between English and Espanol.

7

FOOTER

Sound control and READY / ROLLING / THINKING /
DISPLAYING.

8

HELP / TRIAL / CLEAR

Open the guide, view or activate the trial, or reset the board.

TASKS, WORDS AND MOODS



TITLE

A compact, memorable title.



PHRASE

A one-line creative phrase.



SENTENCE

A fuller idea shown across up to four lines.

OPTIONAL WORD

Use a single word such as **ocean**, **midnight**, or **freedom**.
Leave the field empty for a broader surprise.

18 MOODS

☐ HAPPY

☐ SAD

☐ LOVE

☐ DRAMATIC

☐ HOPEFUL

☐ FRIENDLY

☐ GUFFY

☐ DARK

☐ FICTION

☐ POETIC

☐ CURIOUS

☐ INSPIRATIONAL

☐ MYSTERIOUS

☐ PLAYFUL

☐ ENERGETIC

☐ CHILL

☐ NOSTALGIC

☒ CO-PAL

Selection rule: Title and Phrase use one mood. Sentence can use up to two. At least one mood is always active; CO-PAL is the fallback and delivers the most surprising direction.

ROLL, THINK, REVEAL

● READY

Choose your controls.

● ROLLING

The dice and roll sound play.

● THINKING

CO-PAL prepares the idea while the board builds.

● DISPLAYING

The final result is complete and held for review.

T H E B E S T I D E A S

The display holds four lines of up to 20 characters each.

With Sounds On, dice and flap effects play through the selected output. The plugin passes host audio through and adds only these interface sounds; choose Sounds Off for silent pass-through.

PLUGIN PLAY THRU: When used as a plugin insert, you may need to put the channel in INPUT MONITORING to hear the plugin sound.

KEYBOARD SHORTCUTS

KEY	ACTION
Arrow keys	Move between moods
1	Select Title
2	Select Phrase
3	Select Sentence
4	Select English
5	Select Espanol
6	Clear the display
7	Sounds On / Off
Return / Enter	Roll the dice

Shortcuts work with the main keyboard number row and the numeric keypad. The optional Word field is selected with the mouse so normal typing remains predictable.

LANGUAGES AND BETTER RESULTS

ENGLISH / ESPANOL

The selected language controls the generated result. Change languages before rolling. A word may be entered in either language; CO-PAL uses it as creative context rather than as a command.

Example

midnight -> **MIDNIGHT HORIZONTE**

USE THE OPTIONAL WORD

A specific word produces a more focused idea. An empty field produces a broader surprise. Try nouns, emotions, places, colors, or themes.

Try

ocean / home / neon / memory

1

START BROAD

Roll without a word to discover an unexpected direction.

2

REFINE

Keep the mood, add one word, and roll again.

3

COMBINE

For Sentence, select two moods for more nuanced results.

4

SAVE IT

Copy useful results into your writing or production notes.

AI PROVIDERS AND API ACCESS

CO-PAL sends the selected task, mood, optional word, and language to the configured AI provider. Internet access is required for cloud generation.

COMPLIMENTARY ACCESS

Gemini 3.1 Flash-Lite currently offers limited free-tier input and output usage. Each user creates a personal key in Google AI Studio, pastes it in CO-PAL Settings, and uses that user's own Google quota.

USE YOUR OWN API KEY

Professional or heavier use can be connected to a supported provider. Choose the provider in Settings, enter its API key, save, and test the connection. Provider charges, quotas, and policies apply.

IMPORTANT API NOTES

OpenAI: ChatGPT subscriptions and API billing are separate. API usage may require its own billing setup.

Google Gemini: Free-tier availability and quotas depend on region, model, and account and can change. Google states that free-tier requests may be used to improve its products.

Protect your key: Never share or publish an API key. Monitor usage and revoke a key immediately if it may have been exposed.

[OpenAI API billing information](#)

[Create or manage a Gemini API key](#)

PRIVACY, LICENSING AND SUPPORT

REVIEW EVERY RESULT

AI output may be inaccurate, unexpected, offensive, incomplete, or similar to content generated for others. Verify and edit before use.

PROTECT PRIVATE INFORMATION

Do not enter confidential, personal, financial, medical, legal, or otherwise sensitive information into the Word field or provider settings.

THIRD-PARTY TERMS APPLY

Provider availability, pricing, data use, retention, safety rules, and quotas are controlled by the provider and can change without notice.

YOU ARE RESPONSIBLE

You are responsible for the final content you publish or distribute, including rights, originality checks, suitability, and legal compliance.

TRIAL AND LICENSE

A 24-hour trial begins the first time CO-PAL launches on the Mac. The button beside the ? icon shows the remaining time and accepts a valid Sound Pal license key. A license does not include third-party API charges.

SUPPORT

For product news, support information, and updated documentation, visit www.soundpal.net.

THE AI SETTINGS WINDOW

SET UP YOUR PROVIDERS

Open **Options > Settings**. Choose a preferred provider, paste one or more personal API keys, and select **SAVE**. The **USAGE** links open each provider's account page so you can monitor limits or charges.

With automatic fallback enabled, CO-PAL tries another saved provider when the preferred service is unavailable.

TEST OR API MODE

TEST uses CO-PAL's built-in demonstration ideas and never sends an API request.

API uses the configured provider. If no key is saved, selecting API opens this Settings window.

Only one mode is active, and CO-PAL remembers it after closing.

Double-click the green API button to open the AI Settings window.

AI USE AND PRIVACY



CO-PAL – AI Use & Privacy

IMPORTANT DISCLAIMER:

Google states that free-tier requests may be used to improve its products; paid-tier requests are treated differently.

CO-PAL uses third-party AI providers. Generated results may be inaccurate, unexpected, or similar to content produced for others.

Do not submit confidential, personal, or sensitive information. Gemini 3.1 Flash-Lite currently offers limited free-tier input and output usage, depending on region, account, and current Google quotas. Google states that free-tier requests may be used to improve its products.

Your personal API key is stored in local CO-PAL preferences and is used directly with the selected provider. Provider terms, limits, privacy policies, and possible charges apply.

Please review all generated content before using or publishing it.

CLOSE

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PRACTICAL SOLUTIONS FOR CREATIVE PEOPLE

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Thank you for choosing CO-PAL.